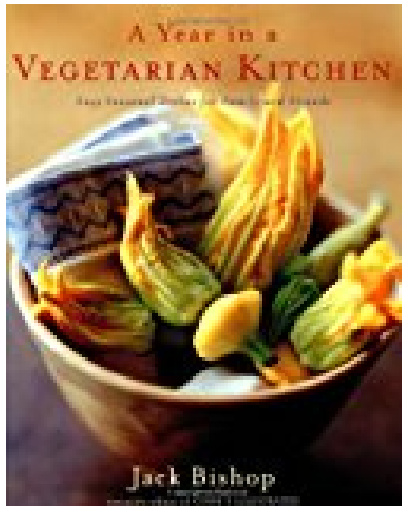


A Year in a Vegetarian Kitchen Easy Seasonal Dishes for Family and Friends



BOOK DETAILS

- Author : Jack Bishop
- Pages : 480 Pages
- Publisher : Houghton Mifflin
- Language : English
- ISBN : 0618239979

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BOOK SYNOPSIS

Simple, seasonal, real-time vegetarian recipes for everyday and every occasion. As a busy husband, father of two young children, and full-time writer, Jack Bishop demands a lot from the meals that make it into his family's repertoire. In *A Year in a Vegetarian Kitchen*, he guides you through the seasons with 248 of his favorite everyday recipes, which deliciously embody his philosophy of "shop locally, cook globally, and keep things easy." Cooking with seasonal produce, he says, is the best way to bring a welcome variety to the table. In spring, dinner might be Stir-Fried Rice Noodles with Asparagus and Eggs. Summer brings Savory Corn Griddle Cakes and Fresh Tomato Pizza with Avocado. For fall, Root Vegetable Tarts with Rosemary and Orecchiette with Spicy Broccoli are on the menu. And in winter, when most farmers markets are a distant memory, Pan-Glazed Tofu with Thai Red Curry Sauce and Caribbean Black Beans with Sautéed Plantains await. With ten years of experience working with *Cooks Illustrated*, he's also able to provide expert guidance on how to choose a good vegetable broth, select the right potatoes for mashing, and more tips tailored just for vegetarian cooks.

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