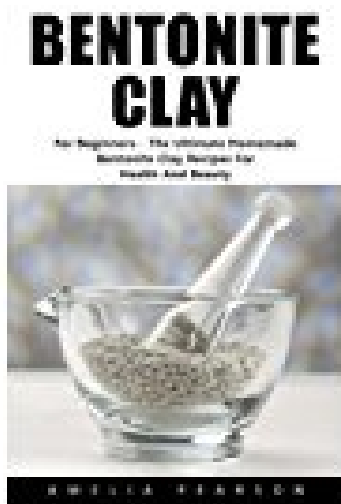


# Bentonite Clay For Beginners - The Ultimate Homemade Bentonite Clay Recipes For Health And Beauty!

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## BOOK DETAILS

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## **BOOK SYNOPSIS**

Bentonite Clay For Beginners - The Ultimate Homemade Bentonite Clay Recipes For Health And Beauty! Bentonite clay is ancient clay that has been used for centuries by cultures all over the world to heal and bring nutrients to the body while also detoxing our systems of the chemicals and toxins we constantly put into them. While it hasn't been extremely popular over the last decade or so, its popularity is starting to rise as people discover and learn just how effective this inexpensive clay can be. Pre-made products are available, but they are expensive and not readily available to the everyday shopper. Instead of looking for pre-made products, consider making your own products for a fraction of the cost and just a little bit of time. It's fun, easy and allows you to put your own personal stamp on things. In this book we'll look at the following things about Bentonite Clay: What are the Benefits of Bentonite Clay and Why Would You Want it in Your Home? Everyday External Uses for Bentonite Clay Everyday Internal Uses for Bentonite Clay Bentonite Clay for Beauty

### **BENTONITE CLAY FOR BEGINNERS - THE ULTIMATE HOMEMADE**

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