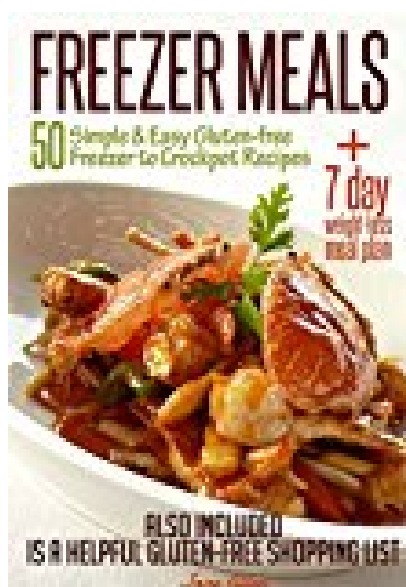


FREEZER MEALS 50 Simple & Easy Gluten-free Freezer to Crockpot Recipes Plus 7 day Weight-loss Meal Plan Also Included is a Helpful Gluten-free Shopping List



BOOK DETAILS

- Author : Jane Allen
- Pages : 96 Pages
- Publisher :
- Language : English
- ISBN :

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BOOK SYNOPSIS

Shares over one hundred recipes for dishes that are easy to prep, whether for cooking in the oven, on the stovetop or in a slow cooker, including such options as Korean-style beef tacos, pizza-stuffed chicken roll-ups, and peach-strawberry crumble.

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