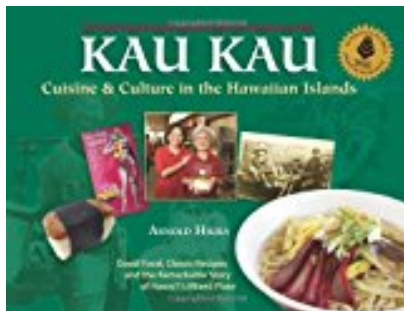


# Kau Kau Cuisine & Culture in the Hawaiian Islands



## BOOK DETAILS

- Author : Arnold Hiura
- Pages : 184 Pages
- Publisher : Watermark Publishing
- Language : English
- ISBN : 0979676932

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## BOOK SYNOPSIS

Good Food, Classic Recipes & the Remarkable Story of Hawaii's Mixed Plate Kau kau: Its the all-purpose pidgin word for food, probably derived from the Chinese "chow chow." On Hawaii's sugar and pineapple plantations, kau kau came to encompass the amazing range of foods brought to the Islands by immigrant laborers from East and West: Japanese, Portuguese, Filipinos, Puerto Ricans, Koreans and others. On the plantations, lunch break was "kau kau time," and the kau kau could be anything from adobo to chow fun to tsukemono. In *Kau Kau: Cuisine and Culture in the Hawaiian Islands*, author Arnold Hiura—a writer with roots in the plantation culture—explores the rich history and heritage of food in Hawaii, with little-known culinary tidbits, interviews with chefs and farmers, and a treasury of rare photos and illustrations.

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